

# TATTOO-AFTERCARE

*How your tattoo heals optimally...*



## *Patch (Second Skin)*

- Leave the patch on your tattoo for 3-4 days
- Showering is possible

After removal:

- Clean the tattoo carefully
- Apply a very thin layer of cream twice daily (morning & evening).

## *Cling Film*

Immediately after your appointment:

- Remove the film after approx. 3 hours
- Wash gently with lukewarm water and pH-neutral soap
- Pat dry with a clean disposable towel – do not rub
- Apply a thin layer of healing balm
- Always use clean hands
- Optionally recover the tattoo

Day 1-2

- Repeat care approx. every 4 hours

Day 3-14

- Clean 2-3 x times daily and apply cream. Do not use cling film anymore

## *Important Guidelines*

- Keep your tattoo always clean
- Wear clean, loose cotton clothing
- Do not scratch
- Light itching is normal

## *During healing*

(approx. 14 days)

- No sun / no tanning beds
- No swimming pools, sea (Salt water) or chlorinated water
- No Sauna or steam bath
- Showering is allowed (no full baths)

## *If the tattoo sticks*

- Loosen carefully with lukewarm water
- Do not pull off forcefully

## *Important*

If aftercare instructions are not followed, complications may occur

**In case of problems:**

Contact us first, or consult a doctor

# TATTOO-PFLEGE



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## *About cling film*

Your tattoo heals best in the air. In some situations, covering it during the first 3 days can be helpful.

## *Pets*

- During the first 3 days, covering is recommended (Infection risk from hair/contact)
- Change film at least 3 times daily (morning, midday, evening)
- More often is fine – less is not recommended
- Routine: clean – apply cream - recover

## *At night*

- If your tattoo weeps heavily in the first days, you can cover it overnight
- Avoid contact with bedding

### **Before sleeping:**

- Clean – apply thin cream - cover

### **In the morning:**

- Remove film – clean – apply thin cream

## *Questions or concerns?*

Contact us anytime – we are happy to help  
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Also available via Whats App

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